

Caring for you in all ways. Always.℠

At Health Advocate, we're here to help you and your family with any health or well-being issues. Our services are provided to you by Zara. Just call, tap, or click to reach us and receive confidential, personalized support from our caring team.

Health Advocate℠

Expert help, delivered with heart



One-on-one support for health and well-being issues

Our services are available to you, your spouse/partner, dependents, parents, and parents-in-law. **We can help:**

Get answers to all your medical questions
to better understand your diagnoses and treatments

Access help for health and insurance issues
like clarifying coverage and transferring records

Lean on us for help resolving billing and claims issues
and clarifying your insurance coverage and costs

Learn about ways to save money on medical, dental, and vision care
so you and your wallet can both stay healthy

Explore the latest treatments and get second opinions
so you can have peace of mind and be confident in your care

Quickly reach all your benefits in one place
Just call us to connect to all your employee benefits

Get the most benefit from your employee benefits
Take full advantage of all the programs your employer offers



Access help online

Take the first step toward better health

24/7 support • 250+ languages • HIPAA-compliant

Download the app to get started

Registration Code: INDITEXUSA



You are not alone.
Let us guide you on your well-being journey.

Just call your dedicated phone number below.
You can also access our services online or through our mobile app, where you can quickly reach an Advocate through chat.

Register Today

866.799.2731
answers@healthadvocate.com
www.HealthAdvocate.com/zara
Registration Code: INDITEXUSA

Call • Email • Message • Live Chat

We're not an insurance company
Health Advocate is not a direct medical care provider and is not affiliated with any insurance company or third-party provider.

Your privacy is protected
Our staff carefully follows protocols and complies with all government privacy standards. Your medical and personal information is kept strictly confidential.

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