Your baby isn't your only reward.



Take part in the Cigna Healthy Pregnancies, Healthy Babies program and earn a reward.

You're pregnant.

You're going to be choosing a name. Looking for a health care provider for your baby. And seeing big changes to your body and your life.

Where do you start?

Sign up for the Cigna Healthy Pregnancies, Healthy Babies® program, designed to help you and your baby stay healthy during your pregnancy and in the days and weeks after your baby's birth.

Find support early and often.

- Ask us anything – our Cigna Healthcare℠ maternity specialists have nursing experience and are here to support you during your whole pregnancy.
- Connect with us through the **Cigna Healthy Pregnancy® app**.* This valuable resource is available in English and Spanish and offers you an easy way to track and learn about your pregnancy. It also provides support for baby's first two years.

Use the Cigna's Healthy Pregnancy app to:

- Set up virtual appointments with certified lactation consultants for breastfeeding support and answers to your questions from the comfort of your own home at no additional cost and as often as needed.
- Directly click to call or chat with a Cigna Healthcare maternity specialist during business hours.
- Get personalized notifications on developmental milestones and to-dos for baby's first two years.
- View our expanded content library with helpful information on topics such as family planning, behavioral health, coping with loss, breastfeeding resources, lactation support, and pediatrics for baby's first two years.

Enroll today. Call 800.615.2906.

Get rewarded for a good decision.

When you enroll in Cigna Healthy Pregnancies, Healthy Babies and complete the program, including your postpartum check-in, you'll be eligible to receive a reward.**

Complete your goals today!

$150 Gift Card (1st Trimester) / $75 Gift Card (2nd Trimester)

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cigna healthcare

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**Reward eligibility and type may vary, based on plan offering. Incentive awards may be subject to tax; you are responsible for any applicable taxes. All gift card incentives (if offered by your employer) are subject to merchant terms and conditions. Cigna Healthcare is not responsible for lost or stolen gift cards.

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