



How to start your wellbeing journey with **Wellhub**

Welcome to a new way to pursue healthy habits!

Wellhub is an all-in-one subscription with access to gyms, studios, wellbeing apps, and more - all designed to help you feel good. Simply follow the steps bellow to get started.



How to sign up

1. Download the Wellhub app.
2. Click on "Sign up" to register and create your free account.



How to select a plan

1. Browse the different plans and pick the perfect one for you! Each plan is designed to accommodate a variety of preferences.
2. Once you confirm your payment information, your plan will be activated and you can start to use Wellhub immediately!



How to find the best gyms

1. Use the "Search" feature on the Wellhub app to easily find gyms and workouts near your office, home, or on the road.
2. Pick a day and plan your visit. Note that some gyms have the possibility to book in advance on the app.
3. When you arrive at the gym, enter the "Check in" field in the lower right corner of the Wellhub app, select the venue's name, and hit "Check in".



How to book live classes and private wellness sessions

1. Click on "Book Live Classes" on the Wellhub app to explore options and filter by type of workout or training session.
2. Choose the date and time you want and confirm the booking.
3. You will receive a confirmation email and a link to join the session through the app.



Even more!

With Wellhub, there's even more wellbeing! At no additional cost to your monthly membership, you get access to premium apps, on-demand workouts, and wellness coaching for topics such as fitness, nutrition, meditation, financial tips, and more.

Let's discover new healthy habits together with Wellhub!
Start your membership today.